



FORA Grapevine

Hello from the Forest Residents Association

On a bright and sunny morning FORA took part in the Waltham Forest Big Bulb giveaway. With limited bulbs we only managed to cover Fladgate, Poppleton and Dyson Roads and you will see the results in the summer around the bases of trees. Our campaign for changes to the dangerous junction at Kingswood/Grove Green Road has been a resounding success! Waltham Forest Council was initially of the view that there was not a problem, however after a period of monitoring, took on board our concerns and the road has now been widened. This is another successful FORA led campaign so well done to all who participated. FORA also very much welcomes this spirit of consultation and communication between residents and Waltham Forest.

FORA Newsletter
Issue 38: Q4 2017



www.forestresidents.org



FORA (Forest Residents' Association)



info.fora@hotmail.com

In This Issue...

Chairman's welcome	1
Lovely Leytonstone	2
Lea Marshes walk	2
Events List	2

I was very saddened to hear of the passing of Roy Merrell our long standing FORA member and my neighbour. It was always a pleasure to have a chat with him while passing and meeting him and his wife Janice at our events. Always a great supporter and a great neighbour he will be sorely missed by all who knew him. My sympathies go to his family and friends. CPZ is now in for the roads that voted for it and will be 'LIVE' later this month before Christmas. Please make sure you have registered your cars and know how to book in visitor permits. And remember your guests don't overstay the time limit or you will receive a fine.

FareShare is a charity aimed at relieving food poverty and reducing food waste in the UK. It does this by rescuing good quality surplus food that would otherwise have gone to waste and sending it to over 6,273 charities including homeless hostels, children's breakfast clubs, lunch clubs for older people, domestic violence refuges and community cafés. FareShare have a permanent collection point in Tesco Leytonstone and were pushing for more donations last week and needed volunteers. FORA members and I took up the challenge and managed to collect over 17 boxes of food which could amount to over 600 meals! A great afternoon's work! If you run a food bank and would like us to get involved, please get in touch. **Have you booked your place yet for our end of year Xmas Curry night at Star of India? Booking period has now been extended till Sunday so there's still time to confirm your place and take advantage of this great offer of a buffet meal for ONLY £5 per person for FORA members** I look forward to meeting you at our next event and please email the team if you have any news!

Vaseem Gill (Chair)

WISHING YOU ALL A MERRY CHRISTMAS AND A HAPPY NEW YEAR!! TEAM FORA!





FORA Grapevine

Lovely Leytonstone - by Martin Sepion Head of IT

If you are bored of Leytonstone you are bored of life. FORA have created a Lovely Leytonstone web page on our website to celebrate the wonderful array of cultural activities in the area. In Leytonstone there is a theatre, film, art, sport, history, live music, local artisan markets and much more going on To find out more visit: <https://forestresidents.org/useful-links/local-services-and-groups>

If you know of a local group or activity that is not listed please let us know.

FORA VISIT TO LEA MARSHES

On a beautiful autumn afternoon in November FORA members were treated to an informal guided walk to Lea Marshes. Our three experts chipped in with insights into different aspects of the marsh lands which adjoin the river. Claire Weiss, John Rogers and David Boote led us on a journey through time and space as we explored human activities in the Lea Valley from pre-history to the present. The Lea was an important route for people in prehistoric times as well as roman, medieval and the modern era. The talks ranged from Viking river boats to the struggles of A. V. Roe, a pioneer of aircraft design who used the marshes for experimental flights from 1909. The growth of suburban London in the late Victorian era led to a renewed importance for the marsh lands. Being a floodplain the land retained much of it's natural heritage in both animal and plant life. It also became increasingly important to the growing urban population as an open space offering an antidote to the urban sprawl. Local people have fought over generations to retain the marshlands for public enjoyment in the face of waves of developers seeking to encroach upon the land for profit. This struggle continues to this day and several areas of marsh are currently under threat of development. If you would like to find out more see:-David Boote [Leyton and Leytonstone Historical Society](#) and [Waltham Forest Walks](#) Claire Weiss - [Save Lea Marsh](#) & John Rogers - [The Lost Byway](#)

Future Events: Curry Night - Monday 11th December 6pm - 9pm Star of India, 875 High Rd Leytonstone, London E11 1HR Buffet meal to include 1 soft drink or beer or glass of wine £5 FORA members £10 non members. RSVP email info@vaseemgill.com or text on 07956 36590
Forest Glade Cleanup - Sat 24th March 10:00am -11:00am Meet at the corner of Poppleton and Forest Glade. Sturdy footwear and long sleeved wear advisable .Do join us for any length of time you can spare please. Pickers and bags supplied courtesy of the Open Spaces / Corporation of London



Marsh walk



FareShare food collection Tesco Leytonstone- June Marvin

FORA: PLANTING AND TENDING THE SEEDS OF LOCAL COMMUNITY SPIRIT SINCE 2006.

For any news in the area please email us at info.fora@hotmail.com